



# LENT FASTING & FEASTING



**Thursdays - Fast from negative self-talk**

## **Feast on your true identity**

- Made in God's image - Genesis 1:27
- Loved - John 3:16
- Royal priesthood - 1 Peter 2:9
- Chosen - John 15:16
- Friend of Jesus - John 15:15
- God's chosen ones, holy and beloved - Colossians 3:12
- Child of God - John 1:12
- Heirs of God and fellow heirs of Christ - Romans 8:17
- Citizen of heaven - Philippians 3:20
- God's workmanship, created for good works - Ephesians 3:20
- Conqueror - Romans 8:37
- Overcomer - 1 John 5:4
- Spirit of power, love and self-control 2 Timothy 1:7
- New creation, the old has passed away - 2 Corinthians 5:17
- Redeemed and forgiven - Ephesians 1:7

