



LENT FASTING & FEASTING



Tuesdays - Fast from streaming/TV

Feast on the Word of God

- **Week 1** - Read Luke 1-4
- **Week 2** - Read Luke 5-8
- **Week 3** - Read Luke 9-12
- **Week 4** - Read Luke 13-16
- **Week 5** - Read Luke 17-20
- **Week 6** - Read Luke 21-24

