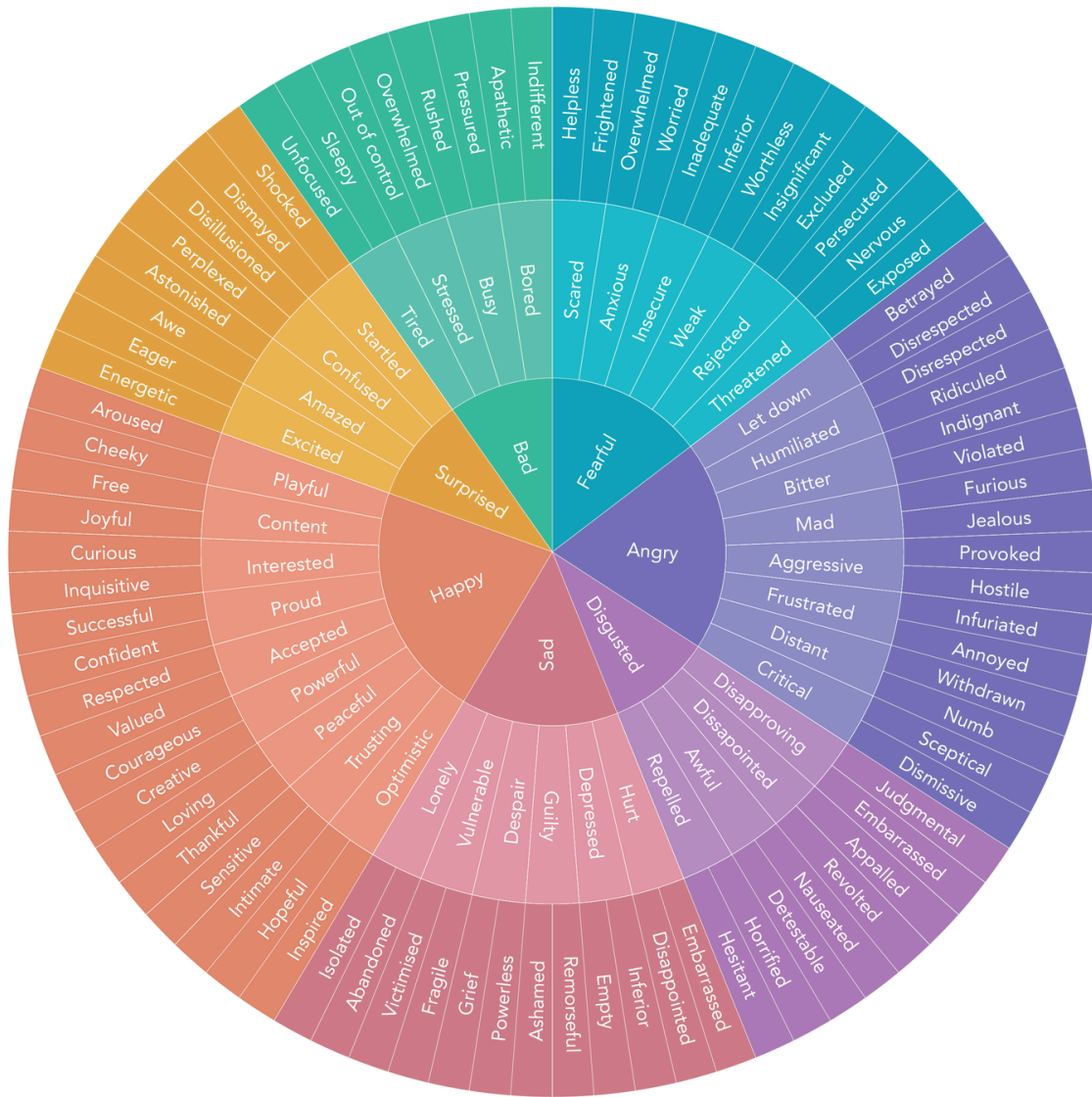


Steadfast and Surrendered Reflective Questions

By, Lauren Phillips and Langley Cumbie

1 Corinthians 15:57-58

- Draw a picture of a winding road. Draw a fork in the road.
- Read 2 Peter 1:5-8
 - Underline the qualities Peter describes.
 - Write these qualities on one side of the fork in the road.
 - Name a time in your life where these qualities were increasing. What were you doing to nurture and grow those qualities?
- Describe a time in your life you were in pain, but chose to stay faithful to God when it would have seemed easier to take a different path.
- Write about the most painful part of your life right now. Pick 3 feelings from the Feelings Wheel that most accurately describe your pain.
- List some unhealthy ways you could choose to deal with these feelings on the opposite fork in the road.
- Write a prayer expressing your lament. Pour out your heart to God about it. Confess to God the way you want to handle it. The way you would handle it without Him. Maybe even the way you have been handling it without Him.
- Look to Scripture and pray God will reveal to you times when Jesus felt these feelings. (See chart with possible examples) What did Jesus do about these feelings? What do you think God is calling you to do about your situation? If you're at a fork in the road, which one will you choose?
- How will you surrender this part of your life to God today? Pray that He will give you grace to turn it over to His loving hands.
- Ask God to reveal someone who lives a steadfast life walking with the Lord. Have courage and ask this person to disciple you. Whom does God reveal when you pray for someone to disciple? Ask this person if they'd like to walk through Scripture with you. Neither of these relationships need be formal. Pray about it and see what God does.



Some of Jesus' Big, Big Feelings

Sadness: John 11:35; Luke 19:41

Frustration: Mark 4:35-41

Exhausted: Matt 14:13; Mark 6:31; Luke 5:16

Anger: John 2:13-22; Matt 23:1-4

Shame: Hebrews 12:1-2